

## Role of autophagy in T regulatory cells (Tregs)-polarization during atherosclerosis disease

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Atherosclerosis is a chronic inflammatory disorder of the large arteries and represents the primary cause of heart disease and stroke. The exact cause of atherosclerosis is not known. A variety of studies show that autophagy deficiency may be pro-atherogenic and the role of autophagy in smooth muscle cells, macrophages and endothelial cells has been investigated [1]. However, to date no studies addressed the effect of autophagy on leukocyte subsets playing a role in plaque formation and development. The present project aims to better clarify the role played by autophagy in lymphocyte homeostasis in human atherosclerotic plaques and in APOE-KO, a mouse model of atherogenesis [2]. In particular, we will investigate cell-autonomous autophagy in mouse Tconv/Treg functions, evaluate autophagy-driven T cell polarization in stabilizing atherosclerotic plaques in a mouse model mouse of atherosclerosis. The comprehension of the role of autophagy as a further mechanism underlying Treg induction and stability may open new therapeutic avenues for atherosclerosis.

### References

- [1] Buttari et al. (2015) Crosstalk between red blood cells and the immune system and its impact on atherosclerosis. *Biomed Res Int* 2015: 616834.
- [2] Getz and Reardon (2012) Animal models of atherosclerosis. *Arterioscler Thromb Vasc Biol* 32(5): 1104-15.

### Key words

Tregs, autophagy, atherosclerosis, ApoEKO.