

Migrants and inclusive communities: rights, citizenship practices and “risk prevention”: biological and medical aspects

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University of Molise under the PNR - Programma Nazionale per la Ricerca 2015-2020; proposed a project entitled: “Migranti e comunità inclusive: diritti, pratiche di cittadinanza e prevenzione dei rischi”. With CIPE resolution no. 78 of 7 August 2017 published in the Gazzetta Ufficiale of 27.11.2017, € 950,000 were allocated to the research project in question by the Inter-ministerial Committee for Economic CIPE programming. The multidisciplinary project was drawn up by multidisciplinary working group, made up of professors belonging to different Departments. Prof. Germano Guerra has been designated as responsible for issues related to the biological-health field. The part of the project that will deal with the biological-health issues will be carried out by the authors of the abstract. The aim of this part of the project including the constitution, with a view to implementing the quality of life of migrants, equipped spaces within reception facilities, dedicated to the performance of motor / sport activities in an optimal manner. The end point of the study could be, beyond the already highlighted benefits, the start up of specific motor / sports activities in order to bring out sports potentials to be cultivated up to the competitive level. A more specific medical aspect will be the evaluation of eating habits in the context of intercultural and interreligious differences in migrants, with particular attention to the identification and stratification of different habits for the purpose of proper nutrition, prevention of diseases with a high social impact (eg vitamin D deficiency and diseases bone) and an improvement in the quality of life.

References

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Key words

Migration, Health, Physical activity, Sport, Vitamin D deficit.